

2.1. Planned objectives set at the beginning of 2013/2014

A. CUDDLE (Crèche Upgrade Development Directives Liaison and Education) project.

- i. To train teachers to be presenters of the Crèche courses so that the course can be presented in as many areas as possible.
- ii. To reach as many pre-school teachers as possible through our CUDDLE project in the areas where the CUDDLE project is currently implemented.. These areas being Tembisa and Germiston in Gauteng.
- iii. Activities of the CUDDLE project, to impact the pre-school teachers and subsequently the pre-school children. These activities to include
 - The providing of crèche courses
 - Follow up visits after the crèche courses to establish which pre-schools will be supported in terms of upgrades, maintenance, and the provision of school equipment.
 - Actual upgrade, maintenance and provision of equipment.
- iv. To implement the CUDDLE project in other areas (provinces)
- v. Provision of Grade R courses for teachers as well as doing assessment classes with and for Grade R teachers.
- vi. Provision of special theme classes for pre-school teachers.

B. Distribution channel project

- i. To distribute food parcels to identified school children in need as per funds received for such food parcels schemes.
- ii. To provide school uniforms for children in the Gauteng region.
- iii. To collect and distribute any donated goods such as food, clothing, equipment, computers, toys, jungle gyms to pre-schools, schools, orphanages, houses of safety and other bona fide recipients.
- iv. To implement and sustain a SOS (Support on Supplements) project to provide houses of safety (especially) with supplements that will address the malnutrition and health challenges the children they work with face.

C. Liaison facilitator role to help individuals and Companies to reach those in need.

- i. To provide companies with proposals as to where they can contribute their CSI very target specific.
- ii. To facilitate and project manage CSI funds targeted for building projects related to community upliftment proposals.
- iii. To provide accommodation and projects/activities for volunteers (overseas and local.) Volunteers to integrate with current projects/activities and to initiate and develop new projects as the need may arise.

D. SNUGGLES project

- i. To provide blankets to the needy during winter. These blankets to be made by local woman in the community from stitching knitted squares together.

The squares to be knitted by volunteers in the USA and shipped to South Africa.

E. Community centers

- i. To maintain 3 community centers as educational facilities where life skill courses in particular would be presented. One of these centers also to provide short term and long term accommodation for volunteers.

2.2. Achievement of planned objectives set at the beginning of 2013/2014

A. CUDDLE (Crèche Upgrade Development Directives Liaison and Education) project.

- i. Over 500 teachers attended the crèche courses given in Tembisa, Delmore Gardens and Mgoswaba (near Nelspruit)
- ii. Over 8000 pre-school children benefitted from these courses that enhanced the teachers teaching skills
 - Eight “6 week” crèche courses were given.
 - Over 40 pre-schools received follow up visits during which their needs for support and upgrades were assessed..
- iii. 11 pre-schools were upgraded.
- iv. The CUDDLE project was implemented in East London as well as Mgoswaba township near Nelspruit. There was good attendance at both areas.
- v. 5 Crèches (with the teachers) attended Grade R courses in Tembisa and Germiston every month. This impacted over 200 children per month.
- vi. 12 special theme classes for pre-school teachers were held which resulted in over 300 children receiving enhanced education.

B. Distribution channel project

- i. 200 Food parcels were distributed to identified school children and “gogos” in need every month
- ii. 20 children were provided with school uniforms and clothing as funding for this project ended .
- iii. Food, clothing, blankets, toys, stationery were collected throughout the year and distributed amongst pre-schools, schools and gogos.
- iv. Supplements were provided to the Sinekya house of safety on a monthly basis as per contributions from the CSE company.

C. Liaison facilitator role to help individuals and Companies to reach those in need.

- i. We facilitated and organized with BCX and had two special food parcel projects; upgrades of 4 pre-schools as well as a food parcel drive on Mandela day.
- ii. The Iasiswa charity used us for a third time as a facilitator for their blanket distribution project.
- iii. We continued to finalize the third phase of the CSI contribution from the CGE group related to providing pre-schools with educational equipment and materials.
- iv. The COP Trust identified a second group of 3 recipients for the Aston Manor Primary school’s wheel chair drive. We also provided the logistics (transport

- and delivery) of the recipients and their wheel chairs from the School to the Township on the day when the school had the hand over event.
- v. The Calendar Charity organization also used the COP Trust as the facilitator for their crèche upgrade project for a third year in a row.
 - vi. The COP trust linked up with the Network of Caring organization and our proposal for the provision of the Takisiswe care center for disabled children was accepted and implemented. The care center is functioning very successfully to the benefit of over 12 disabled children.
 - vii. Facilitation of BULA (PTY) Ltd. CSI contribution which was allocated for an upgrade of a pre-school.
 - viii. The ODFL (One dollar for life) charity group from the USA visited us again (for the second time) for two weeks to support our work. They visited for two weeks and integrated very well with all our activities and projects according to a schedule we had compiled beforehand. Included in their work were pre-school upgrades, implementing of youth programs, relationship activities in the townships, food parcel distribution.
 - ix. Several volunteers from the USA, Australia, UK and Canada visited us for periods of one month to 6 months and supported us in all our activities and projects.

D. SNUGGLES project

- i. A huge quantity of knitted squares were provided by woman in the USA. Over 150 blankets were stitched together and distributed to various people in need. A container shipment of squares are currently on its way from the USA with about 10 000 squares.
- ii. The SNUGGLES project also teaches some Gogo's the skill of knitting and sewing thru their involvement with the project.

E. Community centers.

- i. Life skill courses that were provided at the Aphiwe and Tswelopele centers included : - Cooking courses, First Aid courses, Relationship courses, Leadership courses, Computer Courses, Business 101 courses.
- ii. Both the community centers in Tembisa and Germiston continued to function very well and cost effectively. They are well known within the communities and the permanent presence we have established as well as the continual outreach work has created a lot of trust and goodwill.
- iii. The Adieu center was upgraded to have additional and more flexible accommodation.

2.3. How our objectives were achieved:

A. CUDDLE project.

- i. Crèche courses were advertised in the communities and presented by trained and qualified presenters. Follow up visits were undertaken and groups of volunteers (local and international) were coordinated to do the upgrades and maintenance work.
- ii. A comprehensive Grade R course continued to be presented at various pre-schools that were identified and invited to participate in the program on a weekly basis. Presenters with a teaching background/qualification were trained to present the course.

- iii. More teachers that could present the course itself were trained. At present there are four teachers in Gauteng that can present the Creche course.

B. Distribution channel project

- i. The COP Trust allocated vehicles and volunteer staff to collect and distribute donations effectively. As with most of our activities the help of volunteers played a huge role in the success of this project. Goods and items collected included food, toys, furniture, carpets, equipment, building materials, jungle gym equipment, curtains, clothing.

C. Liaison facilitator role to help individuals and Companies to reach those in need.

- i. Specific volunteers and some Trustees were responsible for liaising with different Companies and other charity groups in order to play a facilitator role to ensure that companies and individuals with good will would reach those in need. Activities in this regard included meetings; site visits and inspections; regular e-mail correspondence; writing of reports; attending functions to receive donations and/or give presentations; doing road shows etc.

D. SNUGGLES project

- i. A huge quantity of knitted squares were provided by woman in the USA. Over 240 blankets were stitched together and distributed to various people in need. Many woman in the Tembisa township gather together on Wednesday to receive their squares and then knit sew them together to make the blankets.

E. Community centers

- i. Activities at three community centers were sustained. These centers are Aphiwe (Tembisa); Tswelopele (Germiston); Adieu (Kempton Park.) Life skill courses presented included cooking courses; First Aid courses; HIV/Aids courses; Youth Leadership courses; Marriage courses; Compiling a CV courses; How to prepare for an interview courses; special maths and English classes; Basic Computer skill classes, Oral hygiene classes.

2.4. Ways in which beneficiaries benefited from our projects/programs
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The COP Trust programs and activities impact the communities where we are involved hugely and particular on the following three fronts:

- a) Alleviating poverty (SNUGGLES and Distribution channel projects)
- b) Enhancing education. (CUDDLE project and Community Centers)
- c) Increasing the involvement of individuals and companies in community outreach work (Liaison activities)

SNUGGLES and Distribution channel projects : It is especially with the projects involving the provision of food parcels and wheel chairs where our hearts were touched by the change we were privileged to bring to many children's lives. For disabled children a wheelchair means a new world to them. It literally changes their lives as they become more independent and to be mobile opens up many doors for them. Many of the

teachers at the schools where we deliver food parcels has thanked us over and over as some children no longer lack concentration because of being hungry at school.

The Distribution Channel project has brought a wonderful synergy to the CUDDLES project in that many of the items that are collected are stationary and pre-school materials and equipment. The distribution of these items to the pre-school enhances the education of the pre-school children.

CUDDLE project and Community Centers The effect the CUDDLE project has on committed but struggling teachers are amazing. Often tears of joy flow when their “make shift” facilities are transformed into esthetic, well equipped teaching class rooms. This transformation brings a sense of pride and motivation to even improve their pre-schools more and to provide the highest quality education they possibly can. For many of these teachers the pre-schools start running on the right principles and it turns into a income earning concern for them. The crèche course has also enabled some woman to start up their own pre-schools and as such the COP trust plays a part in job creation. We have had wonderful feedback from pre-school teachers that the schools they send their Grade R’s to remarked on how well their children were prepared for Grade 1.

Liaison and facilitator role: Our work in this area has resulted in a lot of local individual volunteers giving of their time and skills towards the development of the people in the community that cannot afford professional training and education. We have made a lot of companies aware of the need for their involvement and provided them with opportunities to contribute effectively.